



Isha Upanishad: Unknown, translated by F. Max MÜLLER (1823 – 1900)

The word Upanishad (upa-ni-shad) consists of, "Upa" means "near;" "ni" means "down;" "shad" means "to sit." Thus, Upanishad is to sit down near the teacher to discuss, learn, practice, and experience. There are some 200 or more Upanishads. Some are lost and are only known about because of being referenced in other Upanishads.

Isha Upanishad is known by others names such as Ishavasya Upanisadh and Vagasaneyi-Samhita-Upanishad. This is one of the shortest Upanishads; a brief poem consisting of 18 verses. It forms the fortieth and concluding chapter of the Samhita of the White Yajur-veda.

The word Isha (ईश) literally means "ruler, master, lord". The term vāsyam (वास्य) literally means "hidden in, covered with, enveloped by".

Read by Jothi Tharavant. Total running time: 0:06:04

Chapter	Reader	Time
Isha Upanishad	Jothi Tharavant	00:06:04

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